

COVID'19 - A redefined relation with nature

COVID'19 - A friend of nature in disguise

The deadly corona virus has infected a great score. The world is suffering and facing a crisis. Streets are empty. The busiest markets of the town are not busy anymore. No traffic. Work places are shut. Education centres are closed. No traffic. This global pandemic has not only affected the lives but also the livelihood.

But when all the humans were getting affected by this deadly virus, directly or indirectly, mother earth was in the process of healing. Our nature was healing because humans were locked down in their homes and so was restrained to hurt the nature anymore. Corona virus has come as a friend to the nature in disguise.

Air pollution, water pollution, sound pollution, increase in greenhouse gases all were continuously affecting the environment adversely. Climate change was at peak. Sky was turning into grey. Dust was permanently stuck with the green leaves. Flowers were blooming but could hardly spread its bright colour in the nature. Air was not pure and life was becoming harder day by day to live.

But, then came Corona virus which revived the condition of the environment. Once, again our nature is blooming. There is an increase in rainfall and slight fall in temperature. Rapid melting of glaciers has reduced. Sky becomes clear. Parks become greener. Fresh air is replacing the toxicity of the environment. Birds chirping is evident in many areas after so long. Water are so clean that lost dolphins of river Ganga are arriving back. After decades, one of the endangered species, Alligator, are reviving back in the score of thousands on the bank of river Chambal. It is also said that this alligator is from dinosaur family. Adding to this, Wildlife Conservationists has said that there is an increase of 29% in the population of Asiatic lions, in Gujrat's Gir forest.

The decline in factory pollution and emissions retarded from vehicles has led us to see far away which was before interrupted by the pollutants in the air. The vision has become clearer than ever before. The greenery pleasing our eyes and soul is priceless. The **"greed in our eyes"** has shut the doors for **"green in our eyes"**. But corona virus sealed the greediness of people and nurtured the nature to grow and glow, which we human were supposed to do. A fact to wonder that during the time of acute stress and depression like we are in now, an outdoor walk feels more important than ever. But is the walk effective if we do it in a polluted area.

Our nature plays an integral part on our health, both physically and mentally. The positivity provided by our nature, keep us away from anxiety and depression. Yet this fact is underrated. Our planet is detoxing because of lock down as the human movements is restricted. The sound of blowing horns, continuously in traffic has disappeared. The subtleness of nature knocking our doors and windows is irreplaceable. The cool wind touching our soul and refreshes us from within.

- Joyita Shaw